

BarraBulletin

Academic Excellence & Quality Education



Term 3 Week 2

August 2018

Calendar

August

Monday 6

Myall Creek Excursion
(Year 5/6 & Year 7)

Wednesday 8

Primary Book Club due

Wednesday 8

P&C Meeting 5.30pm
Primary campus

Friday 17

Zone Athletics

Monday 20 to Friday 24

Book Week

Wednesday 22

Book Week Parade
dress as your favourite book
character for the day

Friday 24

4/5/6 Assembly 2.30pm

September

Thursday 13

Kinder Orientation Day

Barraba Central School Secondary campus

West Street Barraba 2347
67 821 104

Primary campus

Gotha Street Barraba 2347
67 821 266

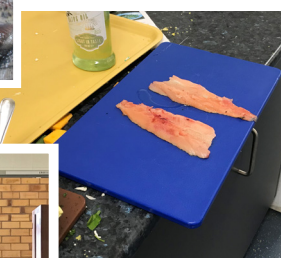
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Year 7 Cooking

Students were so excited to cook for their first time in Food Technology. They had a tremendous task ahead of them; they had raised rainbow trout fingerlings and were attempting a complex recipe for their practical lesson. The recipe consisted of grilled butterfly rainbow trout with lemon, parsley butter, steamed greens and herb crusted baked pumpkin, potato and carrot.

The students were very impressive, they all achieved a brilliant finished product that tasted amazing. Students were able to see the benefits of farming a food resource and then using this food resource in food production and it was definitely Tank to Tummy.

Kirsty Ebzery
Food Technology Teacher



Tank to Tummy

Year 7 are to enjoy a trout dinner to be prepared in their cooking class thanks to the successful trout experiment at our aquaponics project.

Year 7 fed and cared for the trout during term 2 so a job well done.

We have some younger trout as well as our native Silver Perch still in the system so hopefully we can share the harvest around through the year.

Year 8 will be working on a project to expand the aquaponics by plumbing in a larger tank and adding some more grow beds this term.

Shane Maloney
Aquaponics Teacher

Across the Desk DESK

Welcome to our new and improved Newsletter, the BarraBulletin. The school term has started off well with everyone back into the hard work of learning. This term will be a busy one; Education Week and NAIDOC assembly next week; Trial HSC exams; HSC Major works; Myall Creek and AGQUIP excursions; and the list goes on. Term 3 is the “powerhouse term” in the school year. It is the term where we all power into our learning and learn as much as possible.

Our Positive Behaviour for Learning (PBL) continues this term with Regional Staff running professional learning for staff in weeks 3, 6 and 9. The staff have been developing the expected behaviours in all settings based on input from the students and the school will start explicit lessons around these expectations this term. Being a Safe Respectful Learning school is our aim for everyone who is part of our Barraba Central School Community.

Study Tips

As a Year 12 parent, I understand the tensions that occur at this time of year. I came across some great study tips for both Students and Parents.

I wish all year 12 students good luck in their exams.

Brain Teaser

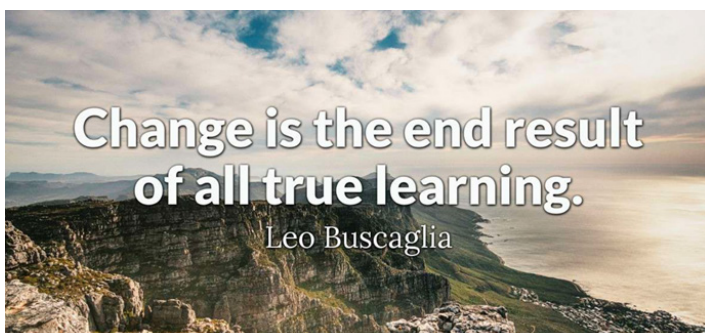
A man is alone on an island with no food and no water, yet he does not fear for his life. How come?

Last Fortnights

Somehow you end up in a room which has three doors. Behind the first door, there is deadly poisonous gas. Behind the second door, there are trained assassins with knives. Behind the third door, there are lions which have not eaten in years. Which door would you choose to open?

Answer: Open the lions door (they haven’t eaten in years)

Quote of the Week



Patrick Sullivan

7 TIPS FOR MANAGING EXAM STRESS

FOR YOUNG PEOPLE		FOR PARENTS/CARERS
1. Stay organised with to-do lists and study timetables		Give them time off chores and non-urgent family stuff
2. Take regular study breaks		Encourage them to keep doing the activities they did before exams
3. Have a dedicated study space		Help them set up a study space and make sure the rest of the family understands
4. Have a long term goal		Chat with them about what they want to do after exams finish
5. Get as much sleep as possible		Remind them to go to bed at a regular time each night
6. Remember your health - eat well and stay active		Go on study break walks with them and try to cook wholesome meals
7. Talk to the people around you		Make a time to chat to them and let them vent

REACH OUT.COM



Platinum Level

Congratulations Platinum Level student Hannah Walker

Platinum Level: Consistent outstanding achievement across all areas of the curriculum at Barraba Central School.

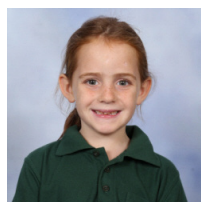
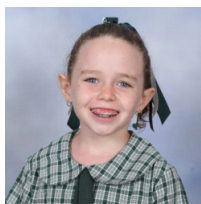
Level 5

Congratulations Level 5 students



Hope Payne, Gracie-Lee Brown, Andrea Riley, Siobhan Derrick, Leah Kelly, Thomas Gadd, Cheyenne Peters, Brody Todd, Lucy Sing and Phoebe Wilson.

Level 5: Outstanding achievement across all areas of the curriculum at Barraba Central School.



Level 4

Congratulations Level 4 student Lindsay Wallace

Level 4: Consistently working hard; having pride in the school and following the School Rules.



From the Secondary

Frost over Barraba is in the books for another year. The show was a big success all around with the main street of Barraba transforming into a cultural hub to rival the cities of Melbourne or Sydney.

Part of the reason the show was so successful was the contribution made by the students of Barraba Central School who worked tirelessly over the months leading up to the event. Students produced well over 70 artworks which were entered into the show with Artworks ranging from the Surreal to the Abstract and every art movement in between.

These efforts did not go unnoticed by the judges of Frost as well with the students taking out 1st and 2nd prize in the secondary school category.

Congratulations to Katie Wood for taking the top prize pictured above 'Koshi Boy'; with Abby Turner and Nick Myers both picking up a second place prize. Highly commended awards also went to Luke White and Ashley Hession.

Glen Melville
Art Teacher



From the Primary

Pictured below are the winners with their artworks - Jack Thomson and Sophie Wilson. Also pictured are artworks by Cheyenne Peters and Skye Kaye.



Premier's Sporting Challenge

K-6 students will be participating in the PSC this term. The aim is to get our students to be more active. To record progress students in K-2 colour a picture which indicates they have been active for at least 30 minutes each day.

Years 3-6 students count their active minutes and record them. Primary students work together as a class team and aim for varying amounts of active time ranging from Bronze level 200 mins to Diamond level 560 mins per week. The time per class is averaged out so all students need to get out and get active or they are letting their team down! Certificates are awarded at the end of the term.



Child Protection Lessons

We will be teaching the Child Protection strand of PDHPE this term on a Thursday. Students will engage in a weekly lesson in year groups which teaches problem solving and critical thinking skills. The aims of CPE are to recognise and respond to unsafe situations, seek assistance effectively and establish and maintain non-coercive relationships while strengthening values and attitudes related to equality, respect and responsibility.

Any queries don't hesitate to ask your child's teacher.



Library

All library lessons will be held on Wednesdays this term by Mrs King and Mrs Carter. Please remember to return books each week in a library bag as plastic bags have been withdrawn from supermarkets and our supply is dwindling. Week 5 will be Book Week and the theme is "Find your Treasure". There will be a parade on arrival at school on Wednesday 22 August. Students are encouraged to come dressed as their favourite book character for the day. So dig into the dress up box now and you never know what you might be able to create.

Jennylyn King
Librarian



Friday Night Rugby Round 8

Round 8 saw some mixed results on the field with the 14's girls winning one of their 2 games, the 16's girls unsuccessful in both of their games and the 16's boys enjoying a comfortable win.

Kiah Newell again showed us what a fine athlete she is in the 14's. Taylah Wilkinson pulled off some great tackles to accompany her fine running game in the 16's and was ably supported by teammates Mia Benjamin-McArdle and Nicola O'Dell who were prominent in the tough stuff in the middle.

In the 16's boys Lane Simpson and Ryan Austin (nice try Ryan) made some telling contributions in a big win over a combined Oxley and Tamworth High School team. A special mention is made of the effort put in by Max Gudshus who excelled in stepping up to help out the 16's.

All players are to be complimented on the positive attitude, work ethic and discipline that has been on display this season as we have combined with players from other schools (mainly Quirindi High) to take on the bigger schools.

Thank you to the 14's boys who came along to support their mates notwithstanding that they had the bye following the decision to split the 14's competition into 2 tiers.

Round 8 Points

Boys: 3 points to Max 'Bon Jovi' Gudshus, 2 points Ryan 'Rhino' Austin and 1 point to Lane 'Tank' Simpson.

Girls: 2 points to Taylah 'Get out of my way' Wilkinson, Mia 'Hulk' Benjamin-McArdle, Nicola 'Possum' O'Dell and Kiah 'Road Runner' Newell.

Behaviour off and on the field was great and once again on behalf of the players thank you to Barraba Rugby Club stalwarts Mark Harris and Jack McCarthy and to Emily 'Coach' Kelso. Thank you also to Mr Melville for helping on Friday night and to Mr Princic for his work at training.

There are 2 rounds left guys and we have a chance of playing in the Finals in a couple of grades. Our 16's girls have attracted the attention of Central North selectors and our 14's boys have been placed in the top tier of their competition. So let's not drop the ball now and I will see you at training.....

Shane Maloney
Rugby Coach



National Primary Games

The 8's team played 7 games over 21 and 22 July playing against teams from Coffs Harbour to North Sydney. The children played extremely well as it was a first for the under 8's playing in an National Primary Games. They placed 4th out of their round of 7 teams and won the their final even though it was a non competitive weekend. All the children showed great sportsmanship and their coach was very proud and the team was praised highly by other teams for there game play and sportsmanship. Pictured below is the 8's team including BCS students Kade Spence, Jack Gervasi and Bob Brewer.



The 12's won the Macquarie Bank, Spirit of the Sport award this award recognises quality sportsmanship throughout the National Primary Games. The 12's played well and represented Manilla in an extraordinary manner. Pictured below is the 12's team including BCS students Jack Coombes and Dylan Hatch.



Unfortunately we had to postpone the walk-a-thon last Sunday for the best of reasons-Rain! Let's hope it's the start of more to come. Thank you to all the staff and parents who did turn up on Sunday morning to get things set up.

We will have another go at it this Friday on the Secondary school oval. We will commence at lunchtime 12.30pm and will include the afternoon sport time as well. Hopefully we can have a great afternoon and give the students the opportunity to raise their sponsor's funds towards their trip.

As a reminder the final balances for the trip need to be paid by the end of week 4 (17 August), we would encourage all to continue paying it off before this date.

Also last week a medical permission note was sent home. It is important that these are also returned as soon as possible as part of our planning.

Scott Good
Head Teacher





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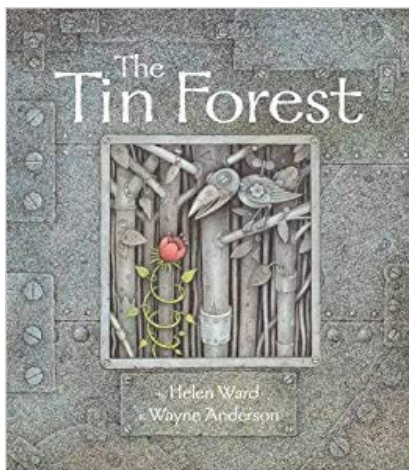
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The Tin Forest

Year 1/2 have been reading the book 'The Tin Forest' in class and have made their own tin tree.

FOR YOUR FRIDGE

Primary Canteen Volunteer Roster Term 3 2018

Week 1	Monday 23 July PUPIL FREE DAY	Friday 27 July BEC RUSSELL
Week 2	Monday 30 July DALE WHITE	Friday 3 August ALLISON GADD & MEAGHAN COGHLAN
Week 3	Monday 6 August KELLY PHILLIPS	Friday 10 August JACQUI CROWLEY
Week 4	Monday 13 August MEGHAN MCCARTHY	Friday 17 August NICKIE CABOT
Week 5	Monday 20 August DALE WHITE	Friday 24 August BEC RUSSELL
Week 6	Monday 27 August KELLY PHILLIPS	Friday 31 August MEAGHAN COGHLAN
Week 7	Monday 3 September TRACY FITZGERALD	Friday 7 September JACQUI CROWLEY
Week 8	Monday 10 September DALE WHITE	Friday 14 September NICKIE CABOT
Week 9	Monday 17 September KELLY PHILLIPS	Friday 21 September BEC RUSSELL
Week 10	Monday 24 September TRACY THOMSON	Friday 28 September ALLISON GADD & MEAGHAN COGHLAN

Helpers Needed

If you would like to help out in the primary canteen please contact the Canteen Manager
Jacinta Corin 0431 986 813



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